St Michael's
C.E. Primary School

Curriculum Coverage of Personal Development Priorities

"Courage to Flourish in the Love of God"

Purpose of this document

This overview demonstrates how key aspects of pupils' personal development are deliberately taught through the curriculum from Nursery to Year 6. In Nursery, these foundations are developed through the planned EYFS curriculum, play, routines, stories and high-quality adult interaction. From Reception onwards, the strands are woven through the planned Kapow RSE & PSHE curriculum, with additional curriculum experiences used where necessary to reflect local safeguarding priorities and prepare pupils for later life.

The curriculum is designed to help pupils build knowledge, language, confidence and independence progressively. Across the primary phase, pupils revisit important concepts at increasing levels of sophistication: from recognising feelings, trusted adults and simple choices in the early years, to managing risk, relationships, money, online influence, future aspirations and independent decision-making by Year 6.

At a glance: how the strands are taught

Aspect	Curriculum approach	Progression by the end of Year 6
Safeguarding	Recurring across RSE & PSHE through emotional safety, trusted adults, healthy relationships, personal and body safety, online safeguarding and protective behaviours.	Pupils consider consent, peer pressure, unsafe relationships, discrimination, scams, financial safety, independent risk management and accessing support.
Wellbeing	Explicit learning about emotional, physical, social, mental and digital wellbeing, alongside relationships and healthy lifestyles.	Pupils increasingly regulate emotions independently, maintain healthy relationships, balance technology use and make informed choices for lifelong wellbeing.
Careers & aspirations	Begins with self-awareness, strengths, teamwork and perseverance, then develops through community roles, careers, equality, leadership and future aspirations.	Pupils connect present choices, strengths, resilience and self-respect with future opportunities and ambitions.
Financial literacy	Develops from fairness and choice into earning, careers, budgeting, value for money, consumer awareness, borrowing, interest, online spending and gambling awareness.	Pupils understand increasingly sophisticated financial risks and responsible money management.
Local safeguarding priorities	The planned curriculum is enhanced through targeted workshops, assemblies and external agencies when local or emerging risks require additional emphasis.	Year 6 receives additional learning including knife crime awareness and drug education, strengthening understanding of exploitation, peer pressure, risk-taking and safe choices before secondary transition.

Year-by-year curriculum map

The table below brings the strands together to show how pupils' knowledge and understanding develop across the school.

Nursery

Aspect	How it is taught
Safeguarding	Building relationships with key adults, seeking comfort and asking for help; recognising simple feelings, following boundaries and understanding consequences. Recognising danger with adult support; moving and using tools safely; using digital devices and the internet with adult supervision.

Aspect	How it is taught
Wellbeing	Settling, belonging, friendships and managing feelings with adult support; cooperative play, negotiation and resolving conflict. Healthy routines include handwashing, food, rest, toileting and physical activity. Independence, confidence, perseverance and emotional preparation for Reception develop over time.
Careers & aspirations	Exploring what makes each child special, their interests and preferences. The Spring 1 theme introduces people who help us, including teachers, doctors, nurses, dentists, vets, police, firefighters, bus drivers and the lollipop person. Children talk about what they would like to be when they grow up; farm learning extends understanding of community roles.
Financial literacy	Early foundations through making choices, sharing resources, waiting, cooperating and choosing resources for plans. Mathematics develops counting, comparing quantities and taking and giving small numbers of objects. These prepare children for later financial learning rather than formal money management.
Local context / additional provision	The curriculum reflects children's families, familiar places and community, including transport in Bartley Green. Adults adapt language, routines, provision and support to children's starting points and needs. Stories, school values and the behaviour curriculum reinforce belonging, kindness, respect, responsibility and caring for others.

Reception

Aspect	How it is taught
Safeguarding	Recognising and expressing emotions; identifying trusted special people; following rules and instructions; positive friendships; looking after themselves; pedestrian safety and healthy lifestyles.
Wellbeing	Emotional regulation and calming strategies; belonging and celebrating differences; resilience, perseverance and teamwork; exercise, relaxation, yoga, healthy eating and self-care.
Careers & aspirations	Recognising strengths, interests, talents and individuality; developing teamwork, communication, perseverance, resilience and problem-solving.
Financial literacy	Foundations for later financial capability through sharing, turn-taking, cooperation, fairness and making simple choices.
Local context / additional provision	Core foundations in safety, trusted relationships and self-regulation establish the knowledge pupils need to engage with later safeguarding learning.

Year 1

Aspect	How it is taught
Safeguarding	Emotions and calming strategies; respectful friendships; safe online behaviour; community rules; illness, germs, healthcare and emergencies; hazards, roads, dangerous items and trusted adults.
Wellbeing	Naming and managing emotions; friendships and respect; caring for others and the environment; illness prevention, healthy habits and emergency help.
Careers & aspirations	Understanding different roles in the community, caring for others and making a positive contribution.
Financial literacy	Understanding that different people contribute to the community in different ways.
Local context / additional provision	Strong universal teaching around safety, help-seeking and community responsibility.

Year 2

Aspect	How it is taught
Safeguarding	Bullying, personal space, privacy and boundaries; trusted adults; trustworthy online information; body privacy and correct anatomical vocabulary; safety at home, in public and around water.
Wellbeing	Exercise, sleep, nutrition, hydration and dental care; kindness, boundaries and trusted adults; understanding how online experiences can affect feelings.
Careers & aspirations	Understanding communities, how money is earned and the different ways people contribute to society.
Financial literacy	Where money comes from, how it is earned, fairness, decision-making and the relationship between community roles and money.
Local context / additional provision	Curriculum knowledge around bullying, boundaries and trusted adults provides an early protective foundation.

Year 3

Aspect	How it is taught
Safeguarding	Impact and types of bullying; boundaries and friendships; respectful online communication and online bullying; medicines, hygiene, first aid, 999 and accessing medical help.
Wellbeing	Emotions, sleep, bullying and accessing support; strengths, self-worth and confidence; hygiene, medicines, first aid and informed health decisions.
Careers & aspirations	Dedicated careers learning explores a range of careers, aspirations, equality, interests, strengths, pay, career pathways and gender stereotypes.
Financial literacy	Exploring the relationship between careers, earnings, interests, strengths, pay and equality.
Local context / additional provision	Rights, responsibilities and responsible choices support pupils to understand their place within communities.

Year 4

Aspect	How it is taught
Safeguarding	Trust and friendship difficulties; bullying and stereotypes; evaluating trustworthy online information; puberty, privacy, boundaries and consent; warning signs, uncomfortable situations, harmful substances and personal safety.
Wellbeing	Healthy lifestyles, exercise, nutrition, hydration, growth mindset and kindness; managing emotional changes during puberty and identifying trusted support.
Careers & aspirations	Financial capability develops decision-making, budgeting, value for money and understanding how money can influence choices.
Financial literacy	Cash and cards, budgeting, value for money, informed financial choices and the influence of money on feelings and decisions.
Local context / additional provision	Risk recognition and responding to uncomfortable situations strengthen pupils' protective behaviours.

Year 5

Aspect	How it is taught
Safeguarding	Managing emotions and seeking support; healthy family relationships and recognising unsafe home situations; online influence, scams, pressure and persuasion; puberty, respect and boundaries; safe money management and gambling awareness.
Wellbeing	Nutrition, physical activity and self-regulation; healthy relationships and belonging; emotional changes during puberty, hygiene and support networks.

Aspect	How it is taught
Careers & aspirations	Community leadership through caring professions, community organisations, democracy, local government and civic responsibility; financial education through budgeting, borrowing and responsible spending.
Financial literacy	Advertising, influencers, persuasive techniques, scams and online pressure; budgeting, needs and wants, borrowing, interest, online spending and gambling risks.
Local context / additional provision	Learning about unsafe relationships, online pressure and financial risk supports pupils to recognise exploitation and seek help.

Year 6

Aspect	How it is taught
Safeguarding	Emotional resilience; boundaries, discrimination, bullying and support services; digital wellbeing; independent travel and risk; peer pressure; road, rail and water safety; first aid and emergency help; consent and healthy relationships where sex education is taught.
Wellbeing	Healthy habits, emotional regulation and future health; self-respect, resilience, boundaries and challenging discrimination; balancing screen time and maintaining healthy online habits.
Careers & aspirations	Understanding how present choices affect future opportunities, health and wellbeing; goal setting, resilience, self-respect, confidence, rights, fairness and active citizenship.
Financial literacy	Responsible decision-making and understanding how present choices can influence future wellbeing and life opportunities.
Local context / additional provision	Additional knife crime awareness and drug education workshops address exploitation, peer pressure, risk-taking behaviours and safe choices as pupils prepare for secondary school.

Progression across the five strands

1. Safeguarding

Safeguarding is a recurring curriculum thread rather than a one-off unit. Pupils move from recognising emotions, safe relationships, rules and self-care in EYFS to trusted adults, online safety, body privacy and simple risk awareness in KS1. In lower KS2, learning develops into bullying, boundaries, online communication, rights, first aid and personal responsibility. By upper KS2, pupils address consent, peer pressure, unsafe relationships, discrimination, scams, financial safety and independent risk management.

2. Wellbeing

Wellbeing develops through emotional, physical, social, mental and digital strands. Early learning focuses on feelings, self-regulation, friendships, exercise, healthy eating and self-care. In KS1, pupils build healthy routines and simple emotional regulation strategies. Lower KS2 deepens resilience, self-esteem, growth mindset and understanding of bullying. Upper KS2 expects increasing emotional independence, understanding of puberty and change, healthy relationships, balanced technology use and informed long-term health choices.

3. Careers and aspirations

Career learning begins with a positive sense of self: recognising strengths, interests, talents, teamwork and perseverance. Nursery introduces people who help us and what children would like to be when they grow up; Reception develops these foundations, and KS1 extends understanding of community roles and how people contribute. In Year 3, pupils explore careers explicitly, including aspirations, equality, pay, pathways and stereotypes.

Upper KS2 strengthens financial capability, leadership, civic responsibility, goal setting and the connection between present choices and future opportunities.

4. Financial literacy

Financial understanding moves from Nursery foundations in choice, sharing, cooperation, counting and comparing quantities, through Reception concepts of fairness and choice to understanding earning and community participation in Year 2. Year 3 links careers and earnings. Year 4 introduces practical money management such as cash, cards, budgeting and value for money. Year 5 develops more sophisticated knowledge of borrowing, interest, consumer influence, scams, online spending and gambling awareness. Year 6 reinforces responsible decision-making and the long-term impact of choices.

5. Responding to local context

The curriculum remains responsive to emerging safeguarding priorities and the needs of the local community. Planned curriculum content is supplemented where appropriate through workshops, assemblies and external agencies. In Year 6, knife crime awareness and drug education provide additional teaching about exploitation, peer pressure, risk-taking behaviours and making safe choices before transition to secondary education.

How the strands connect

The curriculum deliberately creates connections between these aspects of personal development:

- Careers and financial literacy connect pupils' understanding of strengths, work, earnings, budgeting and future choices.
- Wellbeing and safeguarding overlap through emotional regulation, trusted adults, healthy relationships, boundaries, help-seeking and resilience.
- Online learning develops both safeguarding and financial literacy through scams, pressure, persuasion, online spending and digital wellbeing.
- Citizenship supports careers, financial understanding and safeguarding through community roles, rights, responsibilities, fairness, democracy and civic contribution.
- Upper Key Stage 2 increasingly emphasises independence: managing emotions, evaluating risk, resisting pressure, making responsible choices and preparing for secondary school and later life.

Summary

The curriculum demonstrates planned breadth and clear progression. Pupils encounter the core concepts repeatedly, with knowledge becoming more complex and age-appropriate as they move through school. The curriculum combines explicit teaching with connected learning across RSE & PSHE, citizenship, online safety, health and relationships. It also retains the flexibility to respond to local safeguarding priorities through targeted additional provision.

As a result, pupils are progressively prepared to:

- keep themselves safe and know how to seek help
- understand and manage their physical, emotional and digital wellbeing
- develop positive relationships, boundaries, resilience and self-respect
- understand work, aspirations and the contribution people make to society
- make increasingly informed and responsible financial decisions
- recognise risk, pressure, exploitation and unsafe situations
- make choices that support their future health, education and life opportunities