

# AUTUMN/WINTER 2025 MENU

# WEEK 1

W/C: 01/09/2025, 22/09/2025, 13/10/2025, 03/11/2025, 24/11/2025, 15/12/2025, 05/01/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad V	Beef Bolognese with Wholewheat Pasta 🌿❤️	Roast Chicken with Roast Potatoes and Gravy	Chinese Sticky Lemon Chicken with Wholegrain Rice 🌿❤️	Fish Fingers with Chips
	OPTION 2	BBQ Vegetable Wrap with Potato Wedges V🌿❤️	Vegetarian Bolognese with Wholewheat Pasta V🌿❤️	Roast Quorn V	Cheesy Vegetable Hotpot V	Quorn Dippers with Chips V🌿
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V🌿	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V🌿	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V🌿	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V🌿	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V🌿
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Cheese and Tomato Panini V	Tuna and Cheese Panini Melt	Roast Chicken Pitta Pocket	Cheese, Apple & Slaw Wrap	Tuna and Cheese Panini Melt
	OPTION 5	Egg Mayonnaise Sandwich V	Cheese Sandwich	Cheese & Tomato Toastie	Tuna Mayonnaise Sandwich	Cream Cheese and Cucumber Wrap V
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT		Crunchy Apple Slice 🍏	Strawberry Shortcake Mousse	Oat Cookie V🌿	Apple Crumble with Custard 🍏	Chocolate Ice Cream



**BAKED POTATOES SERVED DAILY**  
With a choice of toppings V🐟



**AVAILABLE DAILY**  
Fresh fruit, salad, yoghurt and water

V Vegetarian V🌿 Vegan 🐟 Oily Fish 🍏 Fruity! 🌿 Wholegrain ❤️ Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.

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# AUTUMN/WINTER 2025 MENU

# WEEK 2

W/C: 08/09/2025, 29/09/2025, 20/10/2025, 10/11/2025, 01/12/2025, 22/12/2025, 12/01/2026

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Macaroni Cheese V	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Roast Potatoes and Gravy	BBQ Chicken with Rainbow Rice	Battered Pollock with Chips
	OPTION 2	OR Veggie Burrito with Wholegrain Rice V 🌱 🐟 🍷	OR Vegetarian Sausage with Mashed Potatoes and Gravy VE	OR Sweet Potato, Chickpea and Herb Roast with Roast Potatoes and Gravy V 🍷	OR Cheese and Tomato Pizza with Garlic Bread or Pasta Salad V	OR Quorn Dippers with Chips VE
	OPTION 3	OR Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V 🌱	OR Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V 🌱	OR Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V 🌱	OR Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V 🌱	OR Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V 🌱
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Cheese Panini V	Cheese Sandwich	Roast Chicken Pitta Pocket	Cheese and Tomato Panini V	Tuna & Sweetcorn Wrap
	OPTION 5	OR Tuna & Cheese Panini Melt	OR Ham Sandwich	OR Cheese Baguette V	OR Cheese Panini	OR Ham Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT		Chocolate Caramel Crunch	Flapjack VE	Chocolate Brownie 🍏	Apple and Golden Syrup Sponge with Custard 🍏	Strawberry Ice Cream



**BAKED POTATOES SERVED DAILY**  
With a choice of toppings V 🐟



**AVAILABLE DAILY**  
Fresh fruit, salad, yoghurt and water

V Vegetarian VE Vegan 🐟 Oily Fish 🍏 Fruity! 🌱 Wholegrain 🍷 Nutritionist's Choice

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# AUTUMN/WINTER 2025 MENU

## WEEK 3

W/C: 15/09/2025, 06/10/2025, 27/10/2025, 17/11/2025, 08/12/2025, 29/12/2025

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	OPTION 1	Cheese and Tomato Pizza with Garlic Bread or Pasta Salad V	Beef Meatballs in Tomato Sauce with Wholewheat Pasta 🌾	Roast Chicken with Roast Potatoes and Gravy	Oat Crusted Chicken with Herby Baked Potato	Battered Pollock with Chips
	OPTION 2	OR	OR	OR	OR	OR
	OPTION 2	Roasted Cauliflower and Chickpea Masala with Wholegrain Rice V 🌾 🍷	Veggie Chilli Con Carne With Crispy Tortilla with Wholegrain Rice V 🌾 🍷	Vegetable Pastry Slice with Mashed Potatoes and Gravy VE	Macaroni Cheese V	Quorn Dippers with Chips V
	OPTION 3	OR	OR	OR	OR	OR
	OPTION 3	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V 🌾	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V 🌾	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V 🌾	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V 🌾	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V 🌾
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD						
DELI DISHES	OPTION 4	Cheese Panini V	Cheese and Tomato Panini V	Roast Chicken Pitta Pocket	Cheese Panini V	Cheese and Tomato Panini V
	OPTION 5	OR	OR	OR	OR	OR
	OPTION 5	Ham Sandwich	Cheese Sandwich	Ham Sandwich	Cheese Sandwich	Ham Sandwich
DELI DISHES ARE SERVED WITH MIXED SALAD						
DESSERT		Chocolate Marble Cake 🍏	Orange Glazed Sticky Sponge Cake with Custard 🍏	Lemon Cookie VE	Crunchy Chocolate Mousse	Berry Blondie



**BAKED POTATOES SERVED DAILY**  
With a choice of toppings V 🐟



**AVAILABLE DAILY**  
Fresh fruit, salad, yoghurt and water

V Vegetarian VE Vegan 🐟 Oily Fish 🍏 Fruity! 🌾 Wholegrain 🍷 Nutritionist's Choice

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