

# St Michael's CE Primary

## PE Curriculum 2025-2026

|           | Autumn 1   | Autumn 2                     | Spring 1               | Spring 2                | Summer 1                              | Summer 2                     |
|-----------|--|------------------------------|------------------------|-------------------------|---------------------------------------|------------------------------|
| Nursery   | PE Skills covered through Nursery Curriculum. See Curriculum for more details. |                              |                        |                         |                                       |                              |
| Reception | Speed and Agility Unit 1   | Dance Unit 1                 | Gymnastics Unit 1      | Body Management Unit 1  | Manipulation and Co-ordination Unit 1 | Cooperate and Solve Problems |
| Year 1    | Send, Return Unit 1  | Gymnastics Unit              | Hit, Catch, Run Unit 1 | Run, Jump, Throw Unit 1 | Send, Return Unit 2                   | Hit, Catch, Run Unit 2       |
|           | Attack, Defend, Shoot Unit 1   | Attack, Defend, Shoot Unit 2 | Dance Unit 1           | Gymnastics Unit 2       | Dance Unit 2                          | Run, Jump, Throw Unit 2      |
| Year 2    | Attack, Defend, Shoot Unit 1   | Attack, Defend, Shoot Unit 2 | Hit, Catch, Run Unit 1 | Run, Jump, Throw Unit 1 | Send, Return Unit 2                   | Hit, Catch, Run Unit 2       |
|           | Send, Return Unit 1  | Gymnastics Unit 1            | Dance Unit 1           | Gymnastics Unit 2       | Dance Unit 2                          | Run, Jump, Throw Unit 2      |
| Year 3    | Football   | Dance                        | Gymnastics             | Tag Rugby               | Cricket                               | Athletics                    |
|           | OAA  | Handball                     | Badminton              | Netball                 | Tennis                                | Rounders                     |
| Year 4    | Football   | Dance                        | Gymnastics             | Tag Rugby               | Cricket                               | Athletics                    |
|           | OAA  | Handball                     | Badminton              | Netball                 | Tennis                                | Rounders                     |
| Year 5    | OAA  | Dance                        | Gym                    | Tag Rugby               | Cricket                               | Athletics                    |
|           | Football or Swimming   | Netball or Swimming          | Netball or Swimming    | Football or Swimming    | Tennis                                | Rounders                     |
| Year 6    | Football   | Dance                        | Gymnastics             | Tag Rugby               | Cricket                               | Athletics                    |
|           | OAA  | Handball                     | Badminton              | Netball                 | Tennis                                | Rounders                     |



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