

# St Michael's CE Primary

## PE Curriculum 2024-2025

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Speed and Agility Unit 1	Dance Unit 1	Gymnastics Unit 1	Body Management Unit 1	Manipulation and Co-ordination Unit 1	Cooperate and Solve Problems
Year 1	Send, Return Unit 1	Gymnastics Unit	Hit, Catch, Run Unit 1	Run, Jump, Throw Unit 1	Send, Return Unit 2	Hit, Catch, Run Unit 2
	Attack, Defend, Shoot Unit 1	Attack, Defend, Shoot Unit 2	Dance Unit 1	Gymnastics Unit 2	Dance Unit 2	Run, Jump, Throw Unit 2
Year 2	Attack, Defend, Shoot Unit 1	Attack, Defend, Shoot Unit 2	Hit, Catch, Run Unit 1	Run, Jump, Throw Unit 1	Send, Return Unit 2	Hit, Catch, Run Unit 2
	Send, Return Unit 1	Gymnastics Unit 1	Dance Unit 1	Gymnastics Unit 2	Dance Unit 2	Run, Jump, Throw Unit 2
Year 3	Football	Dance	Gymnastics	Tag Rugby	Cricket	Athletics
	OAA	Handball	Badminton	Netball	Tennis	Rounders
Year 4	Football	Dance	Gymnastics	Tag Rugby	Cricket	Athletics
	OAA	Handball	Badminton	Netball	Tennis	Rounders
Year 5	Football	Dance	Gymnastics	Tag Rugby	Cricket	Athletics
	OAA or Swimming	Tennis or Swimming	Netball or Swimming	Netball or Swimming	Tennis or Swimming	OAA or Swimming
Year 6	Football	Dance	Gymnastics	Tag Rugby	Cricket	Athletics
	OAA	Handball	Badminton	Netball	Tennis	Rounders

