

Diversity

At St Michael's CE Primary School, we celebrate the rich tapestry of cultures, backgrounds, and experiences that make up our school community. Diversity is woven into the very fabric of our curriculum.

In PE, we learn about a diverse group of athletes from various backgrounds, including inspiring female role models who have made significant contributions to sports and athletes with disabilities, highlighting their achievements and contributions to the world of sports.

Spirituality

At St Michael's our definition of Spirituality is to talk about something which is beyond words. We look at four key areas: self, others, transcendence (beyond), and nature. We explore spirituality across the curriculum. Ways in which we might explore spirituality in PE can be found on our planning documents on our website.

Schemes of Work

At St Michael's, we use the PE Hub scheme for learning, and each unit of work is designed to meet the objectives set out by the National Curriculum. Throughout our curriculum, key sports are revisited each year to ensure students build on their skills and make consistent progress. In addition to these sports, we also incorporate gymnastics and dance into every year group, fostering creativity and physical development. Swimming is introduced in Key Stage 2, providing students with essential water safety skills and the opportunity to develop confidence in the water.

National Curriculum

The National Curriculum for PE states that a high-quality physical education curriculum aims to inspire all pupils to succeed in competitive sports and physically demanding activities, fostering physical confidence and supporting overall health and fitness.

Participation in these activities helps build character and instills values such as fairness and respect.

The National Curriculum for physical education ensures that all pupils: develop competence across a range of physical activities, engage in sustained physical activity, participate in competitive sports, and lead healthy, active lives.

Inclusive Approach

All children will be appropriately challenged, with tasks to suit their needs. Children will experience a variety of different tasks, to ensure a good level of progression. The tasks provided will allow the children to develop their PE skills and knowledge as they continue throughout school.

St Michael's Vision and Values



Planning

Milestones

The PE curriculum is planned around a series of progressive milestones. The milestones focus on the knowledge and skills that children need to learn to be successful in PE.

Assessment and Data

In PE lessons, we use Assessment for Learning (AFL) to help identify each child's next steps in their learning journey. Pupils will receive regular feedback from their teachers on their work which ensures that every student is supported in making progress. Teachers will also continuously track and document each child's progress over time.

Progress

Teaching

Resources

At St Michael's we use a range of resources to deliver the PE curriculum. We are equipped with a wide range of high-quality practical equipment for all sports, as well as access to a large playground, a dedicated sports hall, and an additional multi-purpose hall. These facilities support a variety of activities and enable students to engage in a diverse and dynamic physical education experience.

Physical Education

PE (Physical Education) is physical exercise or physical games and sports which encourage active movement and a healthy lifestyle!

At St Michael's PE encourages all pupils to succeed and excel in competitive and physical activities and supports the development of pupils' health and fitness. It embeds the value of fair play and respect and encourages team-work and leadership skills.

An athlete is resilient, reflective, and motivated to reach their goals. They compete competitively as part of a team, communicate effectively, and show good sportsmanship.

Swimming

Year 5 have swimming lessons each week, for half a year. Swimming is a key part of the National Primary Curriculum with the aim of ensuring that all children can swim a minimum of 25 meters by the end of Key Stage 2. The curriculum emphasizes developing water safety skills and building competence in a range of strokes, such as front crawl, backstroke, and breaststroke.

Extra-curricular

We have a range of sports clubs on offer for our pupils, including boys and girls football and dodgeball. We also regularly participate in competitions, ensuring as many children as possible have the chance to take part. For example, we offer inclusive activities like boccia, which allows all students to engage in friendly, competitive play.